

## NEWS RELEASE

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### CONTACTS:

**Nancy Collins,**  
Director, Public Relations/Marketing  
St. Joseph's Healthcare System  
(973) 754.4504

**Bill Carlos**  
AVOW Communications  
(908) 499.7862

### SUMMER SEASON IS A GOOD TIME TO CATCH UP ON VITAL HEALTH SCREENINGS

**WAYNE, MAY 11, 2012** – People who delay vital health screenings due to hectic lifestyles throughout the year are encouraged to catch up on what they've missed during the slower summer months, according to the doctors at University Imaging.

"Don't let a busy lifestyle keep you from maintaining good health," said Ralph B. Wheeler, M.D., one of the radiologists of University Imaging. "Along with watching your diet and exercising regularly, it's important to schedule the diagnostic tests you need, when you need them."

University Imaging provides a full range of diagnostic testing. Among them are:

**Cardiovascular** screenings, including Calcium Scoring and Cardiac CT Angiography, which detect blockages and the buildup of plaque on arterial walls.

**Colorectal** screening, such as a Virtual Colonoscopy, can detect cancer, polyps and non-polypoid lesions, as well as other conditions.

**Bone Density** screening to detect the onset of Osteoporosis, which researchers estimate is present in about one out of five American women over the age of 50.

**Digital Mammography**, the single best method for early detection of breast cancer. Research indicates that digital mammography is significantly better at detecting breast cancers than film mammography.

**Better Imaging. Better Health.** University Imaging's "64-Slice," Low-Dose CT Scan is the newest generation of CT scanners, collecting 64 "slices" or "images" of data in a single revolution in less than one second. "Low-Dose" refers to the low level of radiation used in scanning.

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The result is a clearer, more detailed image that provides your doctor with better insights and leads to better health for you.

“Any time of the year is a good time to monitor your health,” said Dr. Wheeler. “But for people who put off scheduling vital tests during busier months, we suggest they take advantage of summer’s slowdown and catch up on any screenings they may have missed.”

University Imaging is located in an 11,000 square-foot facility located in Suite 101 of 246 Hamburg Turnpike, Wayne, on the front grounds of St. Joseph’s Wayne Hospital. It is a division of St. Joseph’s Regional Medical Center and a member of the St. Joseph’s Healthcare System.

For more information about University Imaging and diagnostic screenings to detect cancer, visit [www.UniversityImaging.org](http://www.UniversityImaging.org) or call 973.595.1300.

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